
Is Your Child Spoiled?
Experts help you find out
1,252 words (one sidebar)

Do you think your readers ever wonder if they're spoiling their children? This article will end the speculation and lay out the warning signs that will allow them to draw their own conclusions. It includes interviews with a full spectrum of experts, from child psychologists to authors and consultants.

Unexpected Joy Found in Homemade Baby Food
1,976 words (no sidebars)

At four months old my son was diagnosed with a serious milk-protein allergy, prompting me to only serve homemade baby food. I've written an article based on this experience, with the backing of expert sources, including a cookbook author, clinical pediatric dietitians, professional chefs, and the Director of Marketing at Gerber.

Fit Versus Fat:
The Growing Battle with Childhood Obesity
1,823 words (3 sidebars)

In the past thirty years the rate of obesity in the US has more than doubled for preschoolers and adolescents, and more than tripled for those children in between. This article arms parents with the facts concerning childhood obesity, drawing on expert advice from pediatricians, dietitians, and professors from around the country.

Medicine Cabinet Checkup
1,013 words (2 sidebars)

Despite all our best intentions, medicines are often dangerously accessible to kids, stored in all the wrong places, and kept way past their expiration date. This article provides tips from medical doctors and pharmacists on what to toss, what to keep, and where to keep it.

How to be Your Child's Life Coach!
1,453 words (no sidebars)

According to the Institute for Life Coach Training, "life coaches help their clients design the life they want, bring out their clients' own brilliance and resources so that they can achieve excellence and create purposeful, extraordinary lives." Forget the housework, driving around and throwing together meals – at the end of the day all parents are life coaches. This article highlights the benefits, drawbacks and numerous pitfalls to this career.

A Spoonful of Sugar – Getting your kids to take their medicine!

1,306 words (with one sidebar)

As the mother of two young sons, the only thing that scares me more than flu season is the thought of having to give my children medicine. If it weren't for their fever, I probably wouldn't win the battle! To solve this problem, I've interviewed doctors and pharmacists from around the country, getting their advice on how to get kids to take their medicine. This is great, expert information to share with your readers!

Why Parents Need to A.S.K. About Guns

620 words (with two sidebars)

Whatever the opinion on the second amendment, any parent would agree that guns and kids just don't mix. This article shows just how prevalent guns are in today's homes and promotes the "Asking Saves Kids" (ASK) program, developed by the Center to Prevent Youth Violence.
